



The Newcastle upon Tyne Hospitals   
NHS Foundation Trust



# A worldwide study into the prevalence and incidence of spinal muscular atrophy



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# Spinal muscular atrophy

- Degeneration of spinal cord motor neurons
- Caused by mutations in *SMN1* gene

SMA type	Age at onset	Highest achieved function	Natural age of death
0	Prenatal/Foetal	Nil	<6 months
I	<6 months	Never sit	<2 years
II	6-18 months	Sit	>2 years
III	>18 months	Stand and walk	Adult
IV	Adult (2 <sup>nd</sup> or 3 <sup>rd</sup> decade)	Walk during adulthood	Adult

- Prevalence ~1-2 per 100 000
- Incidence 1 in 10 000

# Methods

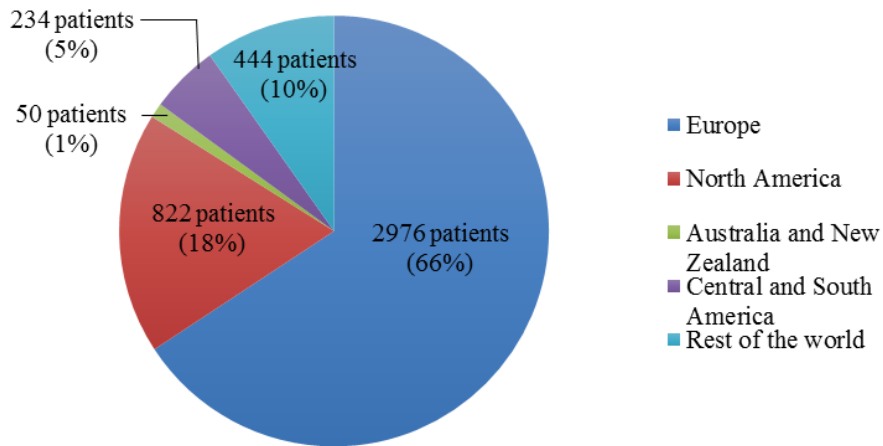
- Literature review
- **TREAT-NMD Global SMA Registry enquiry**
- **TREAT-NMD Care and Trial Sites Registry enquiry**
- Survey among genetic laboratories

# TREAT-NMD Global SMA Registry enquiry (1)

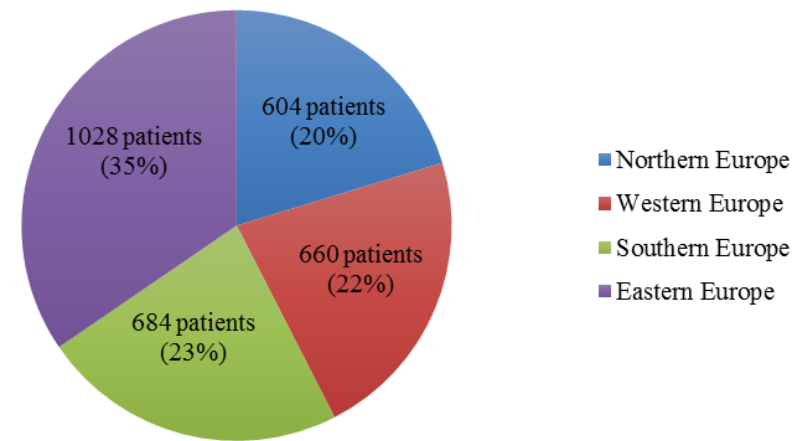
- Response

- 26 registries (29 countries)
- Total 4526 patients (1 Sept 2015)

**Origin of patients in registry**

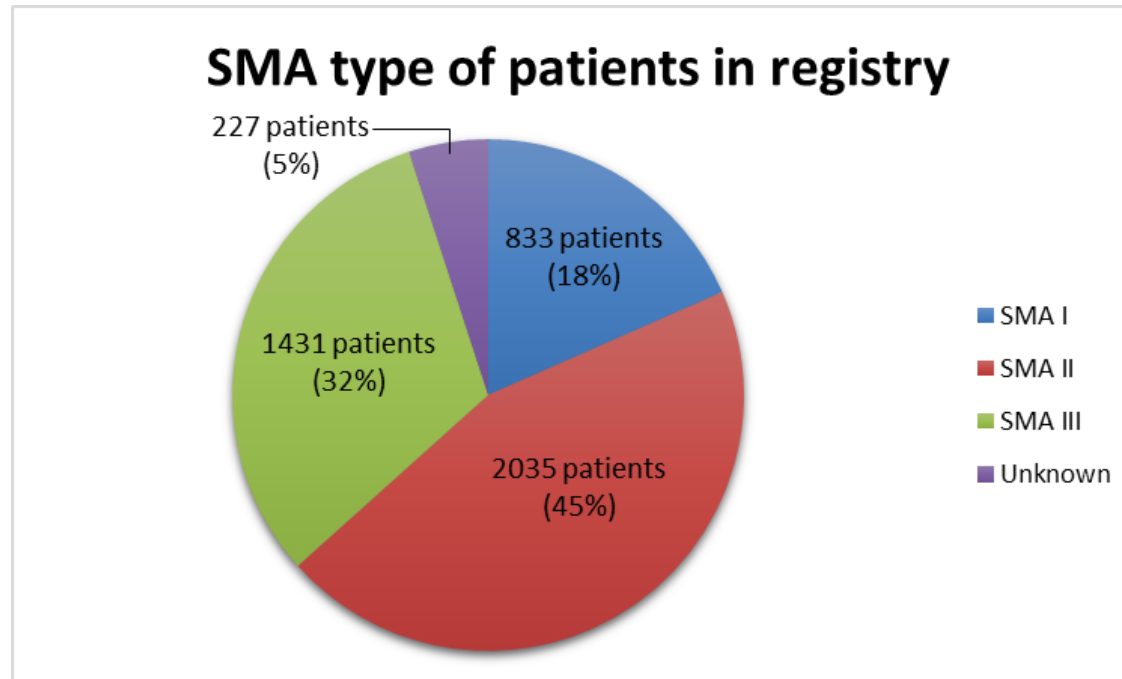


**Origin of patients in Europe in registry**



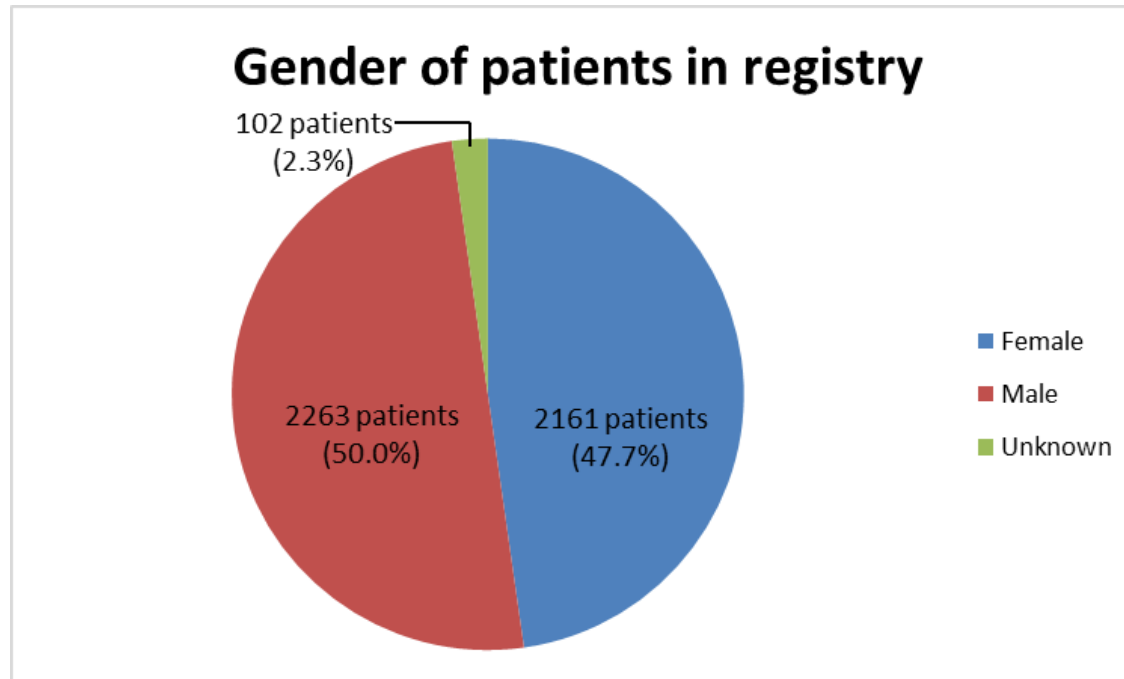
# TREAT-NMD Global SMA Registry enquiry (2)

- Majority of patients SMA type II



# TREAT-NMD Global SMA Registry enquiry (3)

- Nearly even split male and female



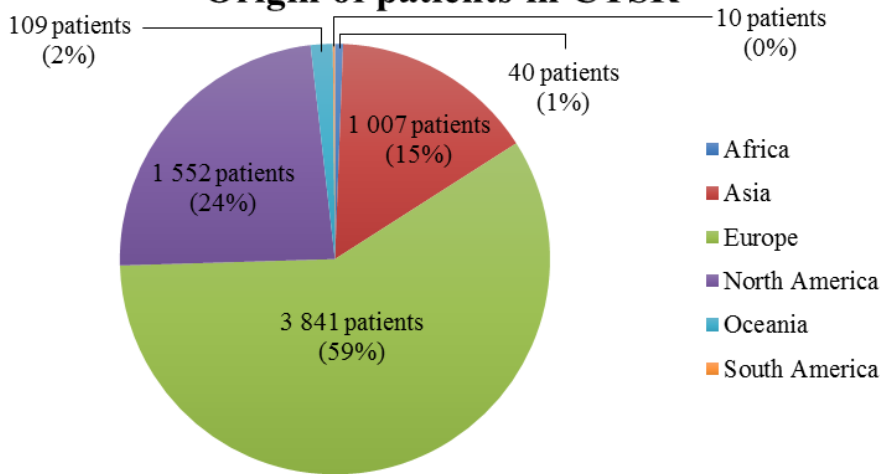
# TREAT-NMD Global SMA Registry enquiry (4)

- In general ~2-5 times lower prevalence than literature
- Possible reasons
  - Most literature predates genetic testing
  - Date of registry set-up
  - Genetic diagnosis pending for some patients
  - Purpose of the registry

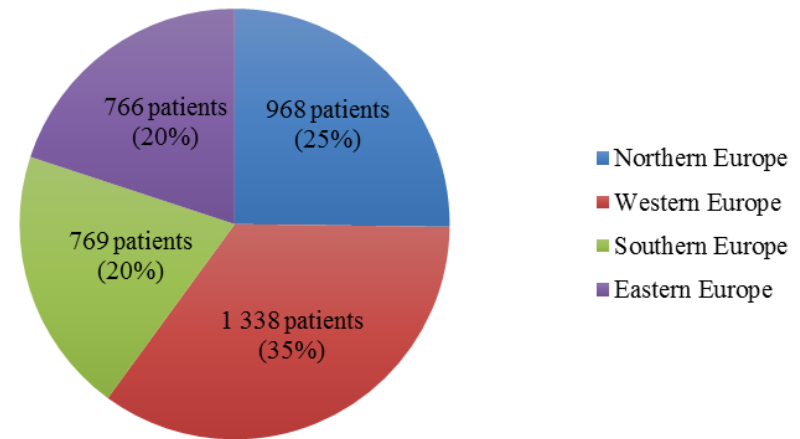
# TREAT-NMD Care and Trial Sites Registry Enquiry (1)

- Response
- Data from 42 countries
  - Total 6559 patients (15 Dec 2015)

**Origin of patients in CTSR**



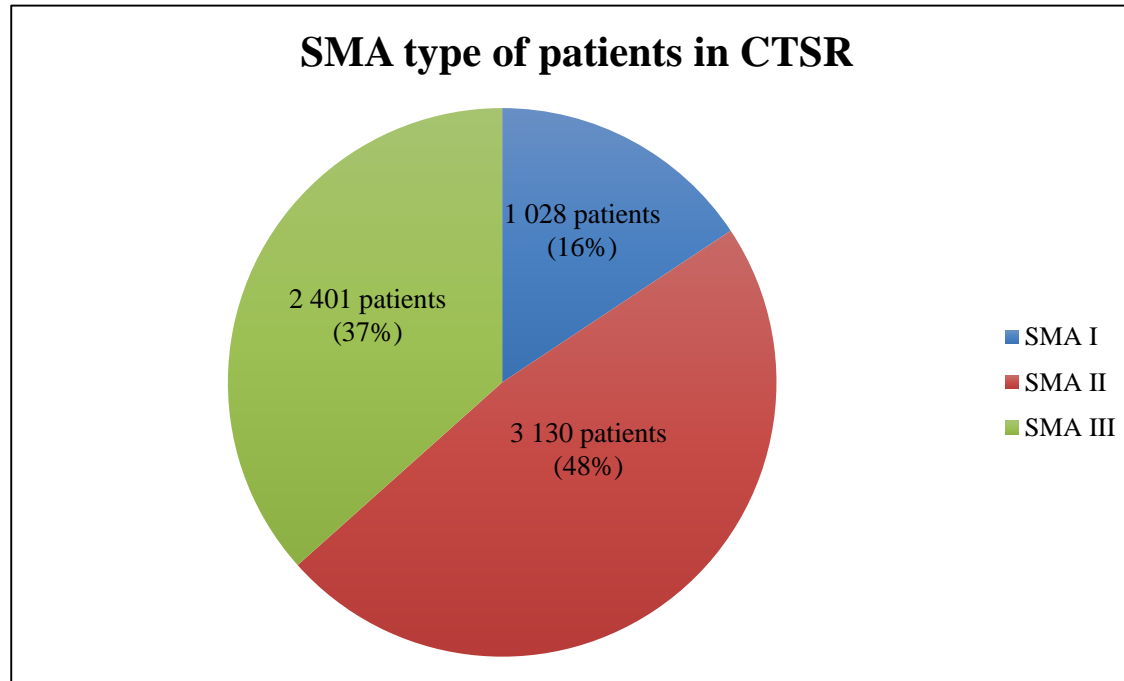
**Patients in Europe in CTSR**





# TREAT-NMD Care and Trial Sites Registry Enquiry (2)

- Majority of patients SMA type II



# TREAT-NMD Care and Trial Sites Registry Enquiry (3)

- Prevalence also lower than literature
  - Differs per country: differences in health system
- Possible reasons
  - Only specialised neuromuscular clinical sites:
    - Not all patients visit/have access to these sites
  - Some patients only clinically diagnosed
  - Some countries patients not identified due to lack genetic testing

# Survey among genetic laboratories

- Online questionnaire to 294 laboratories (53 countries)
- Response rate variable
  - In total 158 responses (40 countries)
    - 17 countries (fairly) good response rate
      - All in Europe
- Results
  - Incidence around 1 in 5000 to 10 000
  - Generally incidence rates increase when moving from North Europe to the South and the East

# Acknowledgements

## TREAT-NMD

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curators

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laboratories

## Newcastle

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